



RECOMMENDED  
**Local heroes**



▲ **Sherrards, NW11**

If you're looking for a sweet treat, this family run bakery and café more than satisfies. Dating back to 1952, Sherrards is a much-loved establishment that offers an array of handmade cakes, biscuits and pretty pastries. "Sherrards is one of the reasons why Hampstead Garden Suburb is so popular," says Chris Cooper from Dexters. "It's a great place to pick up a coffee and a slice of cake, and it's perfect for a weekend treat." And while the colourful patisserie counter is guaranteed to make your mouth water, there's a full menu of delicious savoury lunch offerings to be had, too.

18 The Market Place, Falloden Way, NW11  
(020 8455 2111; sherrardsbakery.co.uk)



▲ **BEKEM'S Food Store, NW11**

The very definition of a local convenience store, BEKEM'S is handily located on Market Place and offers quality and widely sourced foodstuffs, including kosher and vegan, organic and gluten free. It's also a one-stop shop for toiletries and household necessities. "This mini supermarket is a treasure trove of goodies," says Vivienne Harris from Heathgate. "From the usual food and homewares, to a great variety of fruit and veg that's not often seen in the smaller shops... I think they stock everything one could need and they're a pleasure to shop from."

40-42 The Market Place, NW11 (020 8458 9388;  
bekemsfoodstore.co.uk)



▲ **Daniels Bakery, NW11**

Serving up some of the best bagels in north west London is this traditional kosher bakery on Hallswelle Parade near Golders Green. Litchfields' Charles Bobroff is a fan, telling us that Daniels has "a wide variety of the freshest bakery items, from homemade breads to rolls, pastries and cakes." While the delicious smell of baked goods is likely the thing that draws you in, there's freshly cooked traditional dishes, quiches, salads and much more to tempt your tastebuds, too. Why not treat yourself to a slap-up takeaway lunch?

12-14 Hallswelle Parade, NW11 (020 8455 5826;  
danielsbakery.co.uk)



◀ **PHGH Doctors, NW11**

Glentree's Trevor Abrahmsohn nominates GP partners Dr Leora Harverd and Dr Karen Grossmark as his local heroes, wishing to "shine a beacon on the excellent work they are doing for the community, as the unsung heroes of the day." When the doctors signed the contract to become the First Vaccination Covid Hub in Barnet they were filled with a sense of commitment and excitement. They collaborated with Drs Sherry Taylor and Luisa Pettigrew and within a matter of days, got the show off the ground. There was so much to plan in so little time. "It's like organising a wedding for 1,000 guests, week in week out, for nine months – but without the canapés!" says Dr Harverd. "But we are blessed with the most committed team of volunteers to help navigate the flow of people and retired GPs and dentists along with Hatzola, the paramedics who are vaccinating hundreds each shift. There is such an upbeat atmosphere during the 12 hour shift that it takes to vaccinate 1,200 people. Patients are so grateful, as receiving their first vaccine has given them hope to think about getting back to some sort of normality."

23 Temple Fortune Lane, NW11 (020 8209 2400; phgh.co.uk)